



FEEL GOOD

MULTI VITAMINS TO KEEP YOU ALIVE, HEALTHY AND FUNCTIONING AT YOUR BEST.

Athletes need extra support to play their best. Eat Good Multi-Vitamins include all the vitamins and minerals you need to pillar your athletic goals. Each of those vitamins/minerals have their own benefits and play their own roles in your body.



WHY CHOOSE MULTIVIT?

- I am an athlete and I want to increase specific metabolic processes important to improved performance.
- I am eating a limited diet or my appetite is poor so that I am eating less than usual.
- I am following a restricted diet for longer than one week.
- I have a condition that reduces my body's ability to absorb nutrients (celiac disease, ulcerative colitis) or have undergone surgery that interferes with the normal absorption of nutrients (gastric bypass surgery, Whipple procedure).
- I temporarily have increased nutrient needs, such as being pregnant.
- I'm very busy and just can't eat a balanced diet every day.

INGREDIENTS

Filling agent: microcrystalline cellulose, calcium carbonate, magnesium oxide, L-ascorbic acid, calcium citrate, magnesium bisglycinate, iron bisglycinate, reinforcing agent: hydrogenated vegetable oil, calcium bisglycinate, magnesium citrate, zinc bisglycinate, D-alpha-tocopheryl hydrogen succinate, zinc citrate, choline bitartrate, iron fumarate, L-selenomethionine, calcium pantothenate, inositol, PABA (para-aminobenzoic acid), anti-caking agent: magnesium stearate, pyridoxal-5-phosphate, sodium riboflavin-5-phosphate, nicotinamide, Dunaliella salina, thiamine hydrochloride, anti-caking agent: silicon dioxide, copper citrate, cholecalciferol, chromium picolinate, folic acid, potassium iodide, biotin, methyl cobalamin.

Suggested use: 1 tablet per day. Do not exceed the recommended daily dose. Intake should be limited to a few weeks/months.

Allergen information: free of allergens. Produced in a facility that uses milk, soy, shellfish, peanuts, tree nuts and wheat.

Food supplements cannot replace a varied and balanced diet and a healthy lifestyle. Do not exceed the daily recommended amount. Keep out of the reach of children. Store in a cool, dry place. Always keep tightly sealed.

60 Tablets / 76 g
30 Servings per pot

HIGHLIGHTS

- **20 Different ingredients**
- **Balanced multivitamins**
- **Full vitamin B spectrum**

SUPPLEMENT FACTS

	/ Tablet	/%RI
Vitamine B1	4,20 mg	382 %
Vitamine B2	4,80 mg	343 %
Vitamine B3	6,00 mg	37,5 %
Vitamine B5	10,00 mg	167 %
Vitamine B6	6,00 mg	429 %
Vitamine B12	3 µg	120 %
Vitamine C	90,00 mg	113 %
Vitamine D	7,5 µg	150 %
Vitamine E	24,65 mg	205 %
Magnesium / Magnésium	90,00 mg	24 %
Foliumzuur / Acide folique	400 µg	200 %
Koper / Cuivre	1,65 mg	165 %
Chroom / Chrome	0,12 mg	300 %
Jood / Iodide	0,15 mg	100 %
Biotine	0,03 mg	60%
Selenium / Sélénium	0,07 mg	127 %
Ijzer / Fer	14,00 mg	100 %
Zink / Zinc	15,00 mg	150 %
Calcium	120,00 mg	15 %
Cholinebitartraat / Bitartrate de choline	10,00 mg	-
Inositol	10,00 mg	-
PABA	10,00 mg	-



Ludwig Burchardstraat 23
2050 Antwerpen
www.eatgoodfeelgood.be