



FEEL GOOD

VEGAN PROTEIN

PURE VEGAN PROTEIN BLEND

Plant-based protein sources are suitable for everybody including athletes, children, seniors and pregnant women. Not only can consuming plant protein be more beneficial to the environment but it also a great way to increase levels of essential amino acids, fibre, and micronutrients in your diet.



AVAILABLE IN 3 EXCELLENT FLAVOURS



WHY CHOOSE VEGAN PROTEIN?

All protein, including protein from plant-based sources, is made up of “building blocks” called amino acids. There are 20 principle amino acids, 9 of which are known as ‘essential’ amino acids, meaning we must consume them in our diet as we cannot synthesise them ourselves.

Improved digestion – Vegetables, legumes, grains, nuts and seeds are loaded with healthy fibres that naturally improve digestion and absorption, increase motility and reduce symptoms of gas and bloating.

Metabolism booster – The combination of fibre and protein means it takes your body a while to digest vegan whole foods. The more your body works on metabolising the plant protein, the better your body becomes at burning extra fat.

Cardiovascular health – Plant-based diets tend to be lower in cholesterol and saturated fats and high in healthy plant sterols which can help to improve heart health and overall well-being.

Avoid added hormones & antibiotics – Many animal-based sources of protein can contain added hormones and antibiotics whereas plant-based sources of protein are packed with antioxidants, phytochemicals (compounds produced naturally by plants), vitamins and minerals which are essential for optimal health.

Complete proteins – Many people believe that animal sources of protein are the only “complete” proteins. This is not true. Peas, rice and hemp are all complete sources of protein. There are also many ways to combine vegan foods to ensure that you are getting all your amino acids in one meal.

HIGHLIGHTS

- **Pure vegan protein powder drink**
- **Sugar free / soy free**
- **Free from artificial colours and flavours**
- **Sweetened with stevia**

Food supplements cannot replace a varied and balanced diet and a healthy lifestyle. Do not exceed the daily recommended amount.

Keep out of the reach of children. Store in a cool, dry place. Always keep pouch tightly sealed.

500 g
12 Servings per pouch

EAT
good
FEEL

Ludwig Burchardstraat 23
2050 Antwerpen
www.eatgoodfeelgood.be



INGREDIENTS

Vegan protein blend (pea protein isolate, rice protein isolate, hemp protein), flavouring, carbohydrate blend (oat bran (gluten), quinoa, amaranth, buckwheat, millet), thickener (xanthan gum), sodium chloride, sweeteners (sucralose, steviol glycosides), ferrous fumarate, maltodextrin, cyanocobalamin.

SUGGESTED USE

Mix 30 g (1 scoop) with 300 ml of cold water and shake well for 30 seconds in a hand-held shaker.

ALLERGENS

Gluten. Manufactured in a facility that processes milk, soy, shellfish, eggs, peanuts, nuts and wheat.

PACKAGING

Available in a pouch of 500 g.

SUPPLEMENT FACTS

	/100 g	/40g
Energy (kJ)	1729	519
Energy (kcal)	409	123
Fat	8.60 g	2.60 g
> of which Saturated	2.10g	0.60 g
Carbohydrates	5.80 g	1.70g
> of which Sugar	0.20 g	0.10 g
Fibres	77.00 g	23.00 g
Protein	79.40 g	23.82 g
Salt	2.70 g	0.81 g



INGREDIENTS

Vegan protein blend (pea protein isolate, rice protein isolate, hemp protein), low fat cocoa powder, carbohydrate blend (oat bran (gluten), quinoa, amaranth, buckwheat, millet), thickener (xanthan gum), sodium chloride, sweeteners (sucralose, steviol glycosides), ferrous fumarate, maltodextrin, cyanocobalamin.

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> of which Sugar	0.20 g	0.10 g
Fibres	77.00 g	23.00 g
Protein	79.40 g	23.82 g
Salt	2.70 g	0.81 g



INGREDIENTS

vegan protein blend (pea protein isolate, rice protein isolate, hemp protein), flavouring, carbohydrate blend (oat bran (gluten), quinoa, amaranth, buckwheat, millet), colour: red beet, thickener (xanthan gum), sodium chloride, sweeteners (sucralose, steviol glycosides), ferrous fumarate, maltodextrin, cyanocobalamin.

SUGGESTED USE

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