



FEEL GOOD

OMEGA 3

POWERFUL HEALTH BENEFITS FOR YOUR BODY AND BRAIN.

When it comes to fat, there's one type you don't want to cut back on: omega-3 fatty acids. Omega-3 fish oil contains both docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA). Omega-3 fatty acids are essential nutrients that are important in preventing and managing heart disease.



WHY CHOOSE OMEGA 3?

An Essential Contribution

The human body can make most of the types of fats it needs from other fats or raw materials. That isn't the case for omega-3 fatty acids. These are essential fats the body can't make them from scratch but must get them from food.

What makes omega-3 fats special? They are an integral part of cell membranes throughout the body and affect the function of the cell receptors in these membranes. They provide the starting point for making hormones that regulate blood clotting, contraction and relaxation of artery walls, and inflammation. They also bind to receptors in cells that regulate genetic function. Likely due to these effects, omega-3 fats have been shown to help prevent heart disease and stroke, may help control lupus, eczema, and rheumatoid arthritis, and may play protective roles in cancer and other conditions.

INGREDIENTS

Ingredients: capsule: gelatin (bovine), glycerol, content: Marinol C-38.

Suggested use: 3 softgels every day.

Allergen information: contains fish.

Food supplements cannot replace a varied and balanced diet and a healthy lifestyle. Do not exceed the daily recommended amount.

Keep out of the reach of children. Store in a cool, dry place. Always keep tightly sealed.



90 Softgels / 130 g
30 Servings per pot

HIGHLIGHTS

- **Concentrated fishoil**
- **No fishy odor or aftertaste (reflux)**
- **High in EPA and DHA**
- **Provides an average TOTOX value that is 50% lower than industry standards**
- **Omega-3 fatty acids that remain in the natural sn-2 position where they are less prone to oxidation²**

SUPPLEMENT FACTS

	/100 g	/ 3 Softgels
Energy (kJ)	3768.12	113.04
Energy (kcal)	900	27
Total fat	100 g	3 g
Saturated fat	19 g	0.57 g
Trans Fat	-	-
Polyunsaturated Fat	0,5 g	0.015 g
EPA, C20:5	23 g	0.69 g
DHA, C20:6	16.5 g	0.49 g
Carbohydrates	-	-
Protein	-	-
Cholesterol	1 g	0.03 g



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