



FAT ATTACK

HEALTHY WEIGHT MANAGEMENT

Fat Attack assists healthy weight management, body metabolism & energy levels. It contains a synergistic blend lipotropic agents, vitamins, minerals and amino acids to aid in proper fat metabolism. Lipotropic agents help catalyze the breakdown of fat in the body.



WHY CHOOSE FAT ATTACK?

Choline and **Inositol** support the conversion of the stored fats into fatty acids. L-Carnitine, an amino acid derivative, has been shown to help in the transport of fats to the mitochondria where they are burned for energy.

Lipase is the digestive enzyme needed to digest fat. Lipases are a general class of enzymes that break down fat molecules. Your body uses lipases to digest fat and also depends on lipases to help move cholesterol in the body.

Chromium is beneficial in the breakdown and metabolism of foods into energy, especially carbohydrates and fats.

Pyridoxine is essential for the breakdown and use of proteins, carbohydrates and fats from food and for the release of stored carbohydrates for energy.

Caffeine, like most stimulants, is an anorectic, pharmacological agent that suppresses appetite. Taking caffeine delays the onset of hunger, and caffeine taken before meals reduces the amount of food you need to feel full. Ingesting caffeine starts the process of lipolysis, which is when your body releases free fatty acids into the bloodstream. This occurs when your body is breaking down your fat stores to convert it into energy. In other words, caffeine boosts your metabolism and helps you burn fat.

Green tea is a superb fat fighter. Its active ingredient, EGCG, increases the rate at which fat is burned in your body. It targets belly fat and keeps energy stable by balancing blood sugar levels.

INGREDIENTS

Ingredients: choline bitartrate, inositol, capsule (gelatine, colourant (titanium dioxide, yellow iron oxide, red iron oxide, azorubine), green tea (camellia sinensis), lipase (milk), carnitine l-tartrate, caffeine anhydrous*, l-methionine, magnesium stearate (anti-caking agent), chromium picolinate, pyridoxine hcl, microcrystalline cellulose (anti-caking agent). *Camellia sinensis helps to increase fat oxidation and reduces body fat.

Suggested use: 3 capsules every day. Contains caffeine. Not recommended for children or pregnant women. (80mg/3 capsules).

Allergen information: milk. Manufactured in a facility that processes milk, soy, shellfish, eggs, peanuts, nuts and wheat.

90 Capsules / 80 g
30 Servings per pot

HIGHLIGHTS

- Assists weight management
- Reduce overall body fat percentage
- Provides energy
- Helps to suppress the appetite
- Very effective in combination with sport

SUPPLEMENT FACTS

	/100 g	/ 3 Caps
Energy (kJ)	709.36	
Energy (kcal)	167.19	
Fat	0.96 g	
> of which Saturated	0.95 g	
Carbohydrates	24.35 g	
Protein	15.27 g	
Choline Bitartrate		170 mg
Inositol		170 mg
Green Tea		100 mg
Lipase		85 mg
L-Carnitine		40 mg
Caffeine Anhydrous		21 mg
L-Methionine		10 mg
Vitamine B6		1.02 mg

Food supplements cannot replace a varied and balanced diet and a healthy lifestyle. Do not exceed the daily recommended amount.

Keep out of the reach of children. Store in a cool, dry place. Always keep tightly sealed.



Ludwig Burchardstraat 23
2050 Antwerpen
www.eatgoodfeelgood.be